



भारतीय खेल प्राधिकरण
SPORTS AUTHORITY OF INDIA
लक्ष्मीबाई राष्ट्रीय शारीरिक शिक्षा महाविद्यालय

LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION

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No. SAI/Ker/M.Cell/Rect_Nutritionists/2021

Date: 22/11/2021

SAI LNCPE Trivandrum invites online application for Nutritionist on contract basis.

Sports Authority of India (SAI) is an autonomous organization under the Administrative control of the Ministry of Youth Affairs and Sports with its Head office at Jawaharlal Nehru Sports Complex, Lodhi Road, New Delhi-110003.

SAI has established 23 National Centres of Excellence across the country for training of young and elite athletes in various disciplines. These NCOEs are funded for several items *inter-alia* Sports Science staff through Khelo India Scheme of Ministry of Youth Affairs & Sports. To strengthen the NCOE, **SAI LNCPE Trivandrum** invites applications from eligible candidates for engagement as Nutritionist on contract basis at its centre.

VACANCIES & REMUNERATION

The number of vacancies and the place of deployment can be varied as per workload. Indicative figures are as follows:-

S No	Designation	No of Vacancies	Consolidated Monthly Remuneration
1	Nutritionist	One (01)	Rs 75,000-1,00,000/-

Sd/-
Principal
SAI LNCPE Trivandrum

Job Description of Nutritionist

Scientific Work

1. Evaluate the nutritional-hydration status and dietary needs of athletes by assessing their health and exercise load, sleep, food habits and PA using established protocols and standards.
2. Generate consolidated report of all sports in the Regional Centre/NCOE.
3. Handle equipment periodically.
4. Upload testing data on dedicated software / portal

Continuous Education Sessions

5. Plan and prepare presentations, lecture notes and videos and conduct on and/ offline education sessions for athletes and/ coaches and kitchen staff

Research Activities

6. Set up /Maintain research kitchen; conceive, develop and implement new sports foods.
7. Plan research and development activities for the establishing norms on sport-age-gender specific energy macro and micronutrient requirements of Indian athletes.
8. Stay abreast with current nutritional findings and apply technical knowledge to the work

Field Activities

9. Make surprise mess visits for menu compliance, taste and right cooking procedures and inspect the quality of the purchased or supplied wet/dry ration.
10. Promote healthy eating and lifestyle habits and create full and personalized nutrition plans that promote healthy lifestyles through **counselling** sessions.
11. Approve menu chart prepared by assistant nutritionist; in case of any major changes seek approval from higher authority.
12. Prepare food costs and ensure budgeting of kitchen expenses in coordination with chef & admin staff.
13. Organize, develop, analyse, test, and prepare special meals in cases of sickness or addressing nutritional deficiencies.
14. Follow all nutritional/food laws and regulations in the kitchen and athlete testing lab.

Liaison Activities

15. Hold/ coordinate /participate monthly meetings with coaches, administrators, centre head and sports science staff and weekly interaction with mess staff, chef and catering manager.

SPECIFIC REQUIREMENTS, SHORTLISTING AND INTERVIEW INFORMATION

1. ESSENTIAL ELIGIBILITY CRITERIA-

a. Essential Educational Qualification

M.Sc. (Clinical Nutrition and Dietetics) / M.Sc. (Food Science & Nutrition) / M.Sc. (Food and Nutrition Dietetics) / M.Sc. (Food Service Management & Dietetics) from a recognized University/Institution.

b. Essential Work Experience

Minimum 3 years of work experience as Nutritionist.

2. CRITERIA FOR SHORTLISTING OF CANDIDATES FOR INTERVIEW.

Of all the total applications received ,short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

CATEGORIES FOR EVALUATION	SCORING OF MARKS	MAXIMUM MARKS
Additional Qualification	1. Sports Nutrition Certificate Course 2. PG diploma in food and Nutrition	10 7
Work experience	2 marks will be awarded for every completed 1 year of work experience as Nutritionist up to a maximum of 10 marks. (*)	10
Work experience in sports establishment	Additional 5 marks will be awarded for every completed 1 year of work experience as Nutritionist at a recognized State /National level sports organization (Govt. or Private) working with teams/players up to a maximum of 20 marks.	20
Total		40

(*)This Work Experience is over above the essential work experience mentioned in the Essential Eligibility Criteria.

3. INTERVIEW PROCESS;

A) The interview will be of 100 marks.

B) The shortlisted candidates will be called for the interview and assessed as follows:

Criteria	Marks
Domain Expertise	30
Practical application of Nutrition in sports	30
Aptitude for working in a sports organization	10
Knowledge related to recent advancements	10
Soft skills	10
Knowledge in allied sports science disciplines	10
Total	100

NOTE:

- **OF THE TOTAL APPLICATIONS RECEIVED , CANDIDATES WILL BE SHORTLISTED FOR THE INTERVIEW BASED ON THE CRITERIA MENTIONED ABOVE.**
- **MERIT LIST: IT IS TO BE NOTED THAT MERE QUALIFYING AT THE INTERVIEW DOES NOT CONFIRM FINAL SELECTION. SEPARATE MERIT LIST WILL BE PREPARED PURELY ON THE BASIS OF MARKS OBTAINED BY THE CANDIDATES IN INTERVIEW.**
- **THE CANDIDATE MUST PRODUCE ALL THE ORIGINAL DOCUMENTS, AT THE TIME OF PHYSICAL JOINING OTHERWISE THE CANDIDATURE WILL BE CANCELLED.**

GENERAL INSTRUCTIONS

(All the instructions given below must be strictly followed or else the application is liable to be rejected)

1. WHO CAN APPLY: Applications are invited from both male and female candidates, who fulfill the essential eligibility criteria as mentioned above on contract basis in Sports Authority of India.

2. HOW TO APPLY: Candidate must send the application to the email id : **rcmt.schlnce2021@gmail.com**

- I. Applications received through any other mode would not be accepted and summarily rejected.
- II. The applicant must possess a valid and functional email id.
- III. The e-mail ID entered in the form should remain active until the recruitment process is completed. No change in the e-mail ID will be entertained.

STARTING DATE OF ACCEPTING ONLINE APPLICATIONS: 26/11/ 2021

CLOSING DATE OF ACCEPTING ONLINE APPLICATIONS: 16/12/2021

3. DOCUMENTS REQUIRED:

- A. Duly filled application form (as placed at the end of this document)
- B. Passport Size Photograph and Signatures :
- C. Proof of Date of Birth.
- D. Proof of identity.
- E. Degree:(whichever applicable)
- F. Additional Qualification.
- G. Work Experience Documents claiming work experience must clearly mention the following:
 - Name of the establishment.
 - Signature of competent authority/issuing authority clearly stating their position of authority in the organization.
 - Duration of work experience.

- The field in which the candidate has worked Or the post held in the establishment.

4. UPLOADING OF DOCUMENTS:THE FOLLOWING ESSENTIAL CERTIFICATES/ DOCUMENTS SHOULD BE SELF ATTESTED, SCANNED AND FORWARDED STRICTLY IN THE ORDER MENTIONED BELOW ALL COMPILED IN A SINGLE PDF FILE VIA EMAIL ID PROVIDED.

- a) Document for DOB.
- b) Proof of Identity.
- c) Bachelor degree/Equivalent
- d) Higher Educational Qualification Degree.
- e) Work experience Certificate.
- f) No Objection Certificate from present employer, if any.

NOTE: Non self-attested documents will be rejected.

5. CALL LETTERS FOR INTERVIEW: The Call Letters for interview shall be communicated electronically in the valid and functional email id provided by the candidate .

CANDIDATES SHOULD CHECK THE WEBSITE AND THEIR REGISTERED EMAIL REGULARLY FOR UPDATES REGARDING INTERVIEW DATES AND OTHER RELEVANT DETAILS. ANY VARIATION IN THE DETAILS PROVIDED AND DOCUMENTS SUBMITTED ONLINE WILL LEAD TO REJECTION OF THE CANDIDATE. ANY UPDATES AND NOTIFICATIONS WILL BE HOSTED ON THE WEBSITE.

6. The responsibility of ensuring genuineness of the certificate lies completely with the candidate by self-attestation. SAI reserves the right to discard experience certificates which do not provide correct details as asked above. Website links could be provided to ascertain genuineness.
7. Any experience claimed during the course of completion of the degree will not be counted. Any experience which is not relevant to the above discipline /fields will not be counted.
8. Candidates will be called for the interview based on the shortlisting criteria as mentioned above. Hence mere fulfillment of eligibility criteria does not entail that candidate will be called for the interview.
9. The Candidates should note that their candidature at all the stages will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any stage before or after Interview, it is found that they do not fulfill any of the eligibility conditions; their candidature will be cancelled by the SAI.
- 10. NOTE: SELECTED CANDIDATES WILL BE REQUIRED TO PRODUCE THE ORIGINALS OF THE CERTIFICATES MENTIONED ABOVE AT THE TIME OF**

JOINING. FAILURE TO SUBMIT THE REQUIRED CERTIFICATES IN ORIGINAL AT THE TIME OF PHYSICAL JOINING WILL LEAD TO CANCELLATION OF CANDIDATURE.

11. Terms & Conditions for contractual engagement:

(i) Tenure: Initial contractual engagement will be for a period of three years. The tenure can be further extended by two years for a maximum period of five years on the basis of satisfactory performance. The tenure is subject to continuation of Khelo India Scheme.

(ii) Age limit: The candidate must not have attained 50 years of age as on the closing date of advertisement.

The date of birth, accepted by the SAI is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognized by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University which extract must be certified by the proper authority of the University or in the Higher Secondary or an equivalent examination certificate. Aadhar Card/Passport/Voter Id will also be accepted. No other document relating to age like horoscopes, affidavits, birth extracts from Municipal Corporation, Service records and the like will be accepted. The expression Matriculation/Higher Secondary Examination Certificate in this part of the Instruction include the alternative certificates mentioned above.

(iii) Remuneration: - Monthly remuneration will be decided on the basis of expertise and performance of the candidates in the interview and on the recommendation of the Selection Board

Annual Increment @ 7%(maximum) may be considered subject to satisfactory performance.

(iv) Tax Deduction at source: - The income tax or any other tax liable to be deducted, as per the prevailing rules will be deducted at source before effecting the payment, for which the SAI will issue TDS certificates/ Service Tax, as applicable.

(v) Other Allowances: - No TA /DA shall be admissible for joining the assignment or on its completion. No other facilities like DA, Accommodation, Residential Phone, Conveyance /Transport, Personal Staff, Medical reimbursement, HRA, and LTC etc. would be admissible to them. In case he/she is required to proceed outstation from the place of posting for official duty, he/she will be entitled to TA/DA as admissible for pay Level-9 under GOI rules.

(vi) Extension: - Performance of the selected candidates would be continuously reviewed and their extension will be considered on the basis of periodic review /requirements.

(vii) Leave: - Personnel will be entitled for 30 days leave in a calendar year on pro-rata basis. Employee shall not draw any remuneration in case of his/her absence beyond 30 days in a year. Also any un-availed leave in a calendar year will lapse and will not be carried forward to the next calendar year.

(viii) Termination:- The contract can be terminated by giving a 30 days' Notice period by either party, ie. SAI and the employee. In cases of extreme impropriety by the employee the contract may be terminated immediately without notice.

12. Candidates must apply within the scheduled time period, no application received after the last date shall be entertained.
13. Candidates who apply under this advertisement may also be shortlisted for future requirements of Sports Science support staff in organisations covered under Khelo India Schemes.
14. Decision of SAI in all matters regarding eligibility, selection and posting would be final and binding on all candidates. No representation or correspondence will be entertained by SAI in this regard.
15. SAI reserves the right to modify/alter/restrict/enlarge/cancel the recruitment process, if need so arises without issuing any further notice or assigning any further notice/any reasons thereafter. The decision of the SAI will be final and no appeal will be entertained against this issue. A panel of eligible candidates will be created to cater to future requirements. The panel made by SAI can also be utilized by various other Govt. organization which are supported under various schemes of SAI / Ministry of Youth Affairs & Sports.
16. In case of any dispute, jurisdiction of Court of Trivandrum only will be applicable.
17. Please do visit your email account regularly for further updates.
18. Further notifications/corrigendum in this regard, if any, will be put up on SAI website only.
19. In case of any dispute, English version of the Employment notice will be treated as valid.

CANVASSING IN ANY FORM WILL BE A DISQUALIFICATION.

क्रमांक S.No. 2006 **250250** केन्द्रीय माध्यमिक शिक्षा बोर्ड
 CENTRAL BOARD OF SECONDARY EDUCATION
 अंक विवरणिका MARKS STATEMENT
 सैकण्डरी स्कूल परीक्षा, 2006
 ALL INDIA SECONDARY SCHOOL EXAMINATION, 2006

नाम Name अनुक्रमिक Roll No. _____
 माता का नाम Mother's Name _____
 पिता का नाम Father's Name _____
 जन्म तिथि Date of Birth 1ST DECEMBER NINETEEN HUNDRED NINETY
 विद्यालय School 08468 ARMY SCHOOL

विषयको SUB CODE	विषय SUBJECT	प्राप्तिक MARKS OBTAINED				स्थितिक ढेव POSITIONAL GRADE
		लि. TH	पै/अ.मू. PR/IA	योग TOTAL	योग शब्दो मे TOTAL IN WORDS	
101	ENGLISH COMM.	079	XXX	079	SEVENTY NINE	A2
085	HINDI COURSE-B	090	XXX	090	NINETY	A1
041	MATHEMATICS	094	XXX	094	NINETY FOUR	A1
086	SCIENCE & TECH.	067	025	092	NINETY TWO	A1
087	SOCIAL SCIENCE	073	017	090	NINETY	A1

परिणाम Result **PASS**
 AB : विषय मे अनुपस्थित Absent in the Subject
 PR : प्रयोगात्मक Practical
 IA : आंतरिक मूल्यांकन Internal Assessment
 दिनांक Dated 27-05-2006
 परीक्षा निरीक्षक Controller of Examinations

Self-attested
 Ms. RAGINI JAIN

SAMPLE DOCUMENT DEMONSTRATING HOW THE CERTIFICATES ARE TO BE ATTESTED AND SCANNED AND COMPILED IN THE FORMAT REQUIRED.

APPLICATION FORM:

**Recent coloured
passport size
photograph self
attested.**

1. Full Name in Capital Letters (as per the matriculation certificate):
2. Gender:
3. Date of Birth (as per the matriculation certificate):
4. Father's Name (as per the matriculation certificate):
5. Nationality:
6. Post Applied For:
7. Permanent Address:
8. Address for Communication:
9. Mobile number and Email ID (a valid and functional email ID to be provided):
10. Academic Qualifications:

QUALIFICATION	NAME AND ADDRESS OF COLLEGE/INSTITUTION	UNIVERSITY	YEAR OF PASSING
Bachelor degree			
Higher Qualification			

11.Details of Services rendered earlier/Experience in related field: (After the basic graduation).

Post/Designation	Name and Address of the Organization	Duration of Tenure		Total Period
		From	To	

Declaration: I solemnly declare that the above statements made by me are correct to the best of my knowledge and belief. I shall abide by the rules and regulation of Sports Authority of India.

Name & Signature of Candidate